

JJ's Performance Edge

Initial Assessment Questionnaire

1. About You

- What's your name and favorite nickname?
- How old are you?
- If you could have any superpower on the baseball field, what would it be?

2. Baseball Basics

- Have you ever played baseball before? (How many years)
- What is your favorite position?
- Which position sounds the most fun to try? (Pitcher, Catcher, Infield, Outfield)
- Do you throw with your Right or Left Hand?
- Do you hit L/R/S?

3. Fun & Skills Check

- Would you rather win the Championship or be named MVP?
- Game winning hit or making the final out in the field?
- Which do you like more: hitting the ball really far or running really fast?

4. Learning About You

- What's your favorite sports team, even if it's not baseball?
- What's one thing you're really good at outside of sports?
- If a baseball could talk, what would it say when you hit it?
- How does playing baseball make you feel?

5. Goals & Dreams

- What's one thing you'd love to learn in baseball?
- What's your idea of success in your baseball career?
- If you hit a home run, what's your victory dance?